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The Question of Why People Turn to Others to Give them Direction

There is a significant amount of people that have not the faintest idea of the direction their life is heading. During our young adult years, some of us have a more stable roadmap for the future than others, while it takes more time for other people to determine what career choices they wish to make. There are many that are quite indecisive when it comes to personal matters as well, while others make well-thought out decisions, and still others just make ill formed decisions. There is however a segment of the population, and not an insignificant segment at that, who are as it appears incapable of determining their own direction in life.

These individuals seek direction from elsewhere. These are the type of people that will ask a friend, family member, or associate what they feel is the right course of action, and then follow that persons advice, thus removing in their own consciousness the responsibility of taking action or making decisions. A percentage of these individuals even go a step further in delegating their personal decisions to others. These are the individuals that contact "Psychic Hot-Lines," such as Miss. Cleo (whose real name is Youree Dell Harris, who uses a phony Jamaican accent), visit fortune tellers, and subscribe to the notions of mediums and faith healers.

The problem goes even deeper when these individuals have the need to deal with personal problems by using the fraudulent services of faith healers that claim to be able to heal ones ailments through the power of god, and mediums (e.g. John Edwards), who manipulate those seeking to contact deceased family members. These people claiming to have psychic or supernatural powers have in fact been proven in many instances to be frauds, and their "tricks of the trade" so to speak has been revealed in pieces by 20/20 and other news service programs.

The answer to issues individuals face does not rest in any supernatural realm, but rather inside each of us. We as individuals each have the ability to make decisions for ourselves. This does not mean that the advice of others is not welcomed at times, but it is called advice, not delegated decision making. It is up to each of us to determine for ourselves what personal and career choices we must make in our lives.